# WALKING PACKAGE

Summer 2019 - Val di Fassa



Monday:

# THE SOURCES OF MARMOLADA GLACIER

Half day excursion starting from Lake Fedaia to discover "Le Marmitte", the Marmolada's hidden sources together with our expert territorial Guide. After the excursion those who wish can use the lift to reach Pian dei Fiacconi at the feet of the glacier. Meeting point: at 9.00 am Castiglioni Refuge at Passo Fedaia (bus stop). Expected return: about 1.00 pm. Altitude gain and loss: about 200 m.

Price: 17€ adults, 8€ children (10-12 years). 15€ adults, 6€ children for Val di Fassa card owners.

Summer Walking Price: 8€ adults, children for FREE up to 12 years.

Notes: Bus and eventual use of lift included in the Panoramapass or to be paid extra.

Difficulty level: INTERMEDIATE/EASY - MIN. AGE 10 YEARS

# A STEP FROM THE SKY ... THE WONDERFUL BUFFAURE

Using the lifts to reach the high altitude we will walk thrught one of the most panoramic trails of the Dolomites, 360 ° of authentic wonders, green valleys, striking mountains and colorful alpine meadows will surprise us...a true natural recharge! Meeting Point: 9.00 a.m. Buffaure lift valley station in Pozza di Fassa. Expected return: about 4.00 p.m. Altitude gain: about 250m. Altitude loss: about 900m. Maximum altitude: 2.400 m.

Lenght about 7 km (from Valvacin to Sauch parking)

Price: 27€ adults, 15€ children (8 - 12 years old). 25€ adults and 12€ children with Val di Fassa Card.

Summer Walking Price: 14€ adults, and children for FREE up to 12 years.

Notes: Bring a packed lunch. Lifts and buses included in the Panoramapass or to be paid extra.

Difficulty level: INTERMEDIATE/EASY - MIN. AGE 8 YEARS

#### Tuesday:

# **CROSSING THE CATINACCIO - Passo Costalunga - Ciampedie**

Spectacular and easy walk at high altitude in the Catinaccio Group, from Roda di Vael to Ciampedie; overcoming the major uphill and downhill slopes with the lifts we will go through the ancient and suggestive "Trail of the sheep" once crossed by the shepherds in grazing cattle.

Meeting point: 8:45 am Vajolet chair lift in Pera di Fassa, departure by bus at 9:07 am. Arrival at 9:34 am to start the crossing. Expected return to Pera di Fassa: around 4:00 pm.

Difference in altitude + about 400 m. Difference in altitude - about 500 m. (from Rifugio Paolina to Prà Martin). Maximum altitude: 2.300 m.

Price: 27€ adults, 15€ children (up to 12 years old). 25€ adults and 12€ children with Val di Fassa Card.

Summer Walking Price: 14€ adults, and children for FREE up to 12 years.

Notes: Bring a packed lunch. Lifts and buses included in the Panoramapass or to be paid extra. Difficulty level: MEDIUM - MIN. AGE 10 YEARS

**INTRODUCTION TO CLIMBING FOR CHILDREN and YOUGSTERS** (7 - 14 YEARS) in Pozza and Canazei.

This activity is for FREE, it is offered by the Val di Fassa Tourist Board and reserved to Val di Fassa Card holders.

INTRODUCTION TO CLIMBING FOR ADULTS in Pozza and Canazei.

This activity is for FREE, it is offered by the Val di Fassa Tourist Board and reserved to Val di Fassa Card holders.

# APPROACH TO THE MTB FOR CHILDREN - in MOENA - children only

This activity is for FREE, it is offered by the Val di Fassa Tourist Board and reserved to Val di Fassa Card holders.



#### Wednesday:

#### WITH HEADLAMPS IN THE TRENCHES OF PADON with Mountain Guides

We will explore the First World War Trenches in the area of Padon equipped with headlamps. In the afternoon we will visit the feet of Marmolada glacier, always accompanied by the Mountain Guides. Meeting point: 9.00 am Sport Check Point Canazei or 9.30 am departure of Padon chairlift at Fedaia Pass (Capanna Bill). Expected return: about 3.30 pm. Altitude gain and loss: about 180m. Price: 30€ adults, 15€ children (8 - 12 years old). 27€ adults, 12€ children with Val di Fassa Card. <u>Summer Outdoor Price: 15€ adults, children for FREE (up to 12 years old).</u> Notes: Lift ticket included in the PanoramaPass or to be paid extra. Difficulty Level: EASY/INTERMEDIATE - MIN. AGE 8 YEARS

# VAL SAN NICOLO'... AS YOU HAVE NEVER SEEN IT! with GOURMET LUNCH IN A LODGE

Easy and regenerating excursion in the peace of Val San Nicolò. Walking through alternative hidden paths we will visit the sources of the waterfalls listening to their roar. In a unique paradise for beauty and quiet we will visit the typical mountain huts used for the mountain pasture and among the tales of the past we will let ourselves be pampered by a tantalizing gourmet lunch in a mountain lodge prepared with passion by the Chef Elena!

Meeting point: 8.30 am Sport Check Point Pozza di Fassa. Return: around 15:00.

Altitude gain and loss: about 300 m. Length about 6 km.

Price: 80€ per person, 75€ with Val di Fassa Card. Summer Outdoor price: 60€.

Included accompaniment with a local expert, gourmet lunch in a lodge and toast with Trento DOC.

Notes: Pozza-Val San Nicolò shuttle train to be paid extra.

Difficulty level: MEDIUM / EASY - MIN. AGE 12 YEARS

#### AROUND THE MOUNTAIN DAIRIES - in MOENA

This activity is for FREE, it is offered by the Val di Fassa Tourist Board and reserved to Val di Fassa Card holders.

#### Thursday:

#### THE SELLA and PORDOI WATERFALLS

High-altitude excursion to discover the beautiful Sella and Pordoi waterfalls and their water puddles. After reaching the entrance to the Val Lasties, continue towards the Pordoi Pass at the feet of the magnificent Sass Pordoi wall.

Meeting point: 9.30 am Sport Check Point Canazei. Expected return: about 4.00 pm

Altitude gain: about 400m. Altitude loss: about 500m

Price: 27€ adults, 15€ children (up to 12 years old). 25€ adults and 12€ children with Val di Fassa Card.

Summer Outdoor Price: 14€ adults, and children for FREE up to 12 years.

Notes: Bring a packed lunch. Lifts and buses included in the Panoramapass or to be paid extra. Difficulty level: MEDIUM - MIN. AGE 10 YEARS

# Friday:

#### HIGH ALTITUDE BREAKFAST AT SUNRISE

A unique opportunity to experience the sunrise on the Marmolada and other Dolomites peaks from up above. We will enjoy a delicious breakfast in a mountain refuge before walking dawn to the valley.

Meeting point: 4.30 - 5.00 - 5.30 am (the meeting time varies according to the period) at the parking of Sass Pordoi cable car. Expected return: about 9.00 am Altitude gain: about 200m

Price: 35€ adults, 25€ children (up to 12 years old). 32€ adults, 22€ children for Val di Fassa card owners.

Summer Outdoor Price: 20€ adults and children. Rich buffet breakfast with Dolomites view included in the price. Difficulty level: INTERMEDIATE/EASY - MIN. AGE 8 YEARS

#### HIKE & BIKE along the RIDGE of BUFFAURE

One of the most panoramic excursions combining trekking and bike! You will be guided by our territory experts and MTB guides along the scenic mountain ridge of Buffaure and ride back along the cycle route.

Meeting point: ore 9.30 ticket office of Buffaure cable car station in Pozza di Fassa. Return: about 4.30 pm Price: 37€ adults, 25€ junior up to 16 years (guides and bike hire included). 35€ adults and 22€ children with Val di Fassa card. Summer Outdoor Price: 20€ adults, 15€ children.

Note: Lift ticket included in the PanoramaPass or to be payed extra. (Lifts ticket: 18€ adults, 12€ junior) Difficulty level: INTERMEDIATE - CHILDREN MIN. 8 YEARS.

#### AROUND THE MOUNTAIN DAIRIES starting from Canazei, Campitello or Sen Jan

This activity is for FREE, it is offered by the Val di Fassa Tourist Board and reserved to Val di Fassa Card holders.

#### Saturday:

# PANORAMA TREK - with the Mountain Guides

Hike on the beautiful panoramic ridges between Ciampac and Val de Grepa. We will have a break on a magnificent meadow at the foot of the volcanic summit of Crepa Neigra, from here you can enjoy a unique view of the main mountain groups of the Valley.

Altitude gain: about 100m. Altitude loss: about 300m.

Meeting point: 9.30 am at the ticket office of Ciampac lift station in Alba di Canazei. Return about 2.30 pm.

Price: 30€ adults, 15€ children (10-12 years). 27€ adults and 12€ children with Val di Fassa Card.

Summer Outdoor price: 15€ adults and children FREE.

Notes: Bring a packed lunch. Lifts included in the Panoramapass or to be paid extra.

Difficulty level: MEDIUM - AGE MIN. 10 YEARS

#### EXCURSION "THE GREAT WAR" AT FANCH OR AT SOMEDA

Visit to the Great War front line and trenches in the area of Fanch/Fango at San Pellegrino Pass. Meeting point: 9.00 am at Fango (along the road leading to San Pellegrino Pass). Return: about 12.30 am. Altitude gain: about 300m Price: 17€ adults, 8€ children. 15€ adults, 6€ children for Val di Fassa Card owners. <u>Summer Walking price: 8€ adults, children for FREE.</u> Difficulty level: EASY-INTERMEDIATE - AGE MIN. 8 YEARS

# Sunday:

#### SUNSET EXCURSION WITH DINNER AT THE MOUNTAIN HUT - Val Duron

To live the mountain at night too...Evening excursion in the magic atmosphere of the Dolomites' sunset. You will enjoy a delicious traditional dinner in a Refuge and come back equipped with torches under a beautiful starry sky. Meeting point: 4.30 pm Sport Check Point Campitello. Expected return: about 9.30 pm. Altitude gain and loss: 400m.

Price: 45€ adults, 30€ children up to 12 years old (menù kid), 40€ adults and 27€ children for Val di Fassa card owners. <u>Summer Outdoor Price: 30€ adults, 17€ children up to 12 years old (menù kid).</u>

Notes: prices include guide, typical dinner at the Refuge and torches for the return.

Difficulty level: INTERMEDIATE - MIN. AGE 8 YEARS

N.B. Equipment and hiking shoes are required for all excursions.

Difficult level excursions always have about 6/7 hours of walking and an important altitude gain and/or loss.

INFO & BOOKING every day from 9.00 to 12.00 and from 16.00 to 19.00 at any Sport Check Point:

- Canazei: tel. +39 340 1147382
- Campitello: +39 0462 750490
- **Pozza:** +39 331 2989721
- Moena: +39 331 9938100



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